



Manifest Your  
New Moon Dreams

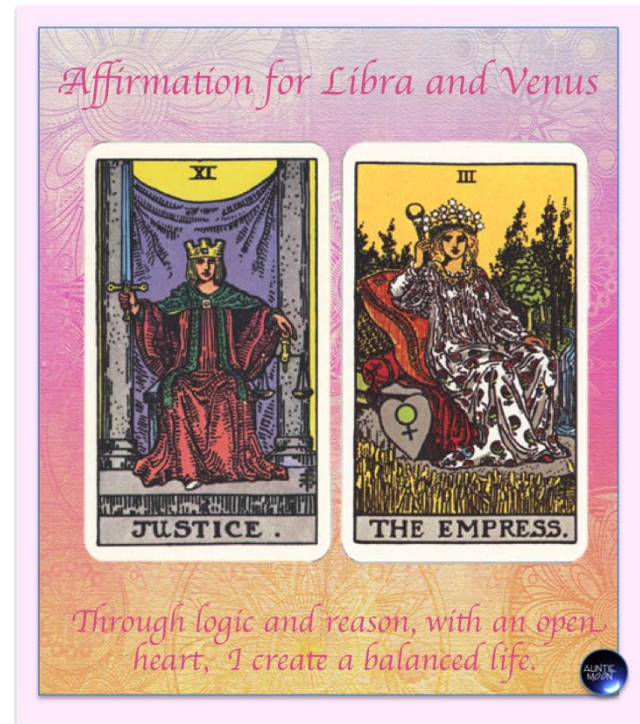
with Daily Intentions  
to Maximize Your Mojo

Libra Luration  
In Any Year





A new moon teaches  
gradualness and deliberation  
and how one gives birth to  
oneself slowly.  
~ Rumi



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Contact:  
CJ Wright  
[www.auntimoon.com](http://www.auntimoon.com)

# Libra is Cardinal Air



Cardinal Signs are Initiating, Advancing, Overseeing

Air Signs are Social, Mentally-focused, Inspired by Ideas

The Sun or Moon in **Libra** is an excellent time to:

- Keep your promises
- Commit
- Express gratitude for friendships
- Reclaim your inner romantic
- Balance the lopsided
- Choose battles wisely
- See yourself through the eyes of others
- Listen nonjudgementally to someone's story
- Practice respect
- Create
- Become art
- Be the love you are looking for



# Libra, I'll be There

The New Moon in Libra can serve one very basic purpose ~ to understand ourselves as a partner.

As easy as it may be to evaluate other people at this time (and this is an important thing), we must also evaluate what kind of partner we are.

Would you want yourself as a partner?

If you were standing in someone else's shoes, would you be able to depend on you?

Are you capable of complete commitment?

Will you be there, no matter what?

Do you allow intimacy between yourself and your partners, friends, and family?

Do you share your feelings and dreams with them?

Can you control an independent streak to compromise and sacrifice for those you say you love?

You may find, by answering these questions, that you are truly independent and that relationships are not what drive you. That's okay. What's important to understand during Libra is the role partnership plays in our life.



Who knows you  
better than anyone?

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# Libra, Sense-Abilities



What would it be like if you could taste, touch, see, hear, and catch the scent of Libra?

Libra is all about our aesthetics ~ our sense of beauty and attraction ~ so wherever Libra and her ruler Venus are located in your chart is where you need things to be beautiful and appealing. Libra is an air sign, so people and things must also have intellectual appeal as well as being beautiful.

In her thinking process, Venus allows her sense-abilities to meander toward the best life has to offer.

*Wouldn't it be nice if...*

*I would so love to...*

*It would feel so good to...*

*I would really enjoy...*



Reclining Lady by Raimundo Madrazo

# Tuning in to your Sense-Abilities



This journaling exercise will help you connect (or reconnect) with your senses. Do this exercise several times to discover how your mood affects your five senses. Use this exercise each season or for each Moon sign.



## Touch

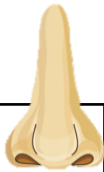
What does this season's weather feel like on your skin?	
What textures do you prefer?	
What is impossible not to touch?	

## Taste



What is your favorite flavor?	
What foods of this season do you look forward to with anticipation?	

# Tuning in to your Sense-Abilities



## Smell

What is your favorite scent or fragrance?	
Do you have a perfume that announces your presence?	
What scent wafting from the kitchen do you find irresistible?	

## Sight



What colors do you prefer?	
What brings you joy when you look at it?	
How are you affected by light and darkness?	

# Tuning in to your Libra Sense-Abilities



## Sound



What sound do you like more than any other?	
What effect do background noises have on you?	
How does classical music make you feel?	
Rock 'n Roll	
Hip Hop	
Rap	
Country Music	
Jazz	



# Tarot of Libra



Libra

Justice holds the scale of balance in her left hand and the sword of justice in her right. She is given the number of love, 6.



Ruling Planet, Venus

Venus rules two signs ~ Taurus and Libra. As the planet associated with Libra, Venus brings us the gifts of art, love, and creativity.



Libra Court Card

The King of Swords represents Cardinal Air. It is his duty to provide wise counsel and to cut a path for equality with his sword.

The cards of Libra are excellent tools to use for meditation or contemplation during this New Moon period. A few questions to consider are:

- Justice: What is the difference between fairness and justice?
- The Empress: What is one way you can make the world a more beautiful place?
- King: Can you allow your head to lead you, even when emotions are high?

# Four Steps to Creating Your New Moon Dream

1. Decide on a goal that you can reach in *29 days*.
2. Figure out how the *sign of the New Moon* can help you reach your goal.
3. Work with the *Moon Phases* to stay in tune with the Moon.
4. Set a daily intention that uses the qualities of the *daily Moon Sign* to help you reach your goal.



*New Moon to Full Moon is for increased effort.*

*Full Moon to New Moon is for release.*

# Connecting to the New Moon through Ritual

A ritual is any action that is repeated on a regular basis. We have our morning rituals upon waking and lots of other things we do the same way every time we do them ~ putting on makeup, rituals before eating, or prayer rituals.

Rituals connect us to:

Partners

Family

Groups

Our sense of self



Rituals offer *emotional security*.

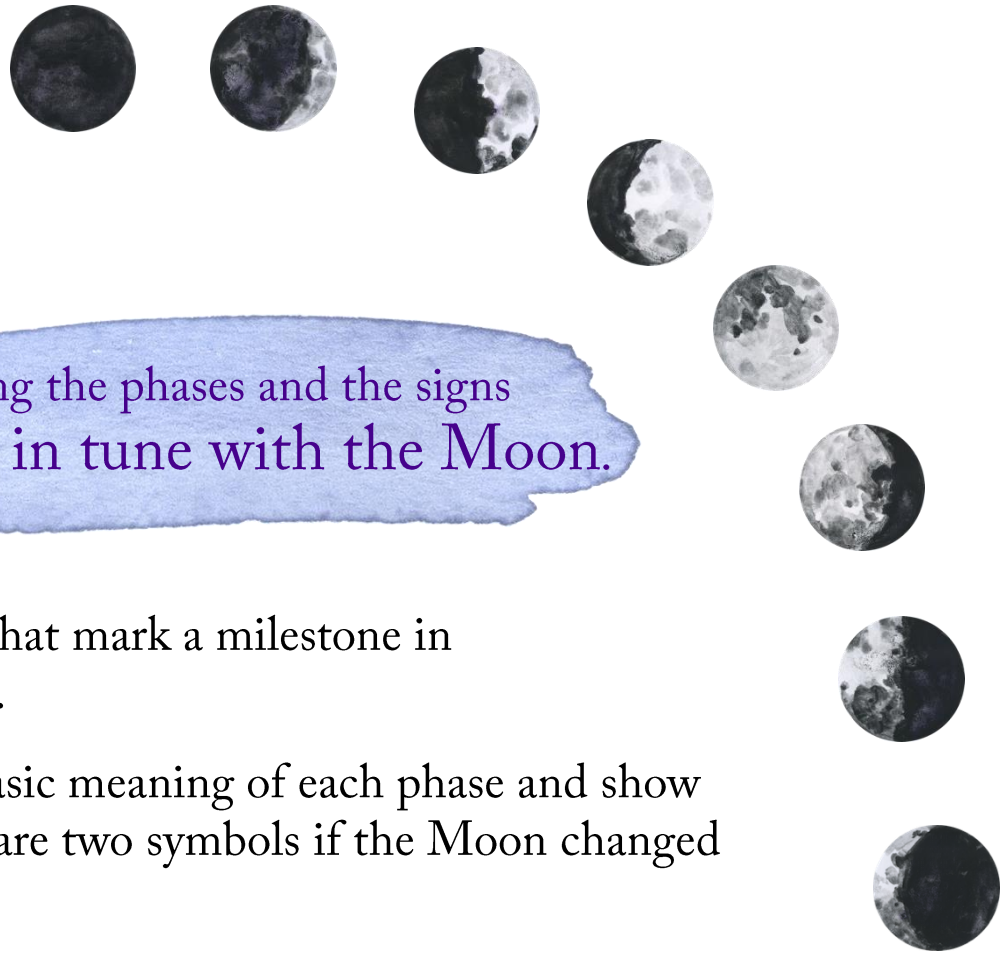


# Moon Phases and Daily Intentions

Following the phases and the signs  
keeps us in tune with the Moon.

Each lunation has eight distinct phases that mark a milestone in accomplishing your New Moon Dreams.

The eight Moon Phase pages give the basic meaning of each phase and show the sign the Moon is in each day. There are two symbols if the Moon changed sign during the day.



# Create Your Daily Intention

A daily intention can be anything.

- A physical action that gets you a step closer to realizing your New Moon Dream
- An affirmation of your talents and skills
- A small goal to accomplish
- Inspiration to keep you on track
- Whatever you want it to be

You can even combine the phase and the sign.

Consider using the *mottos of the signs*, which you can find on the next page, as a prompt for your daily intention.

Maybe your New Moon Dream is a very practical one ~ to rid your home of clutter. On an Aries Moon day, the prompt is “I Am.” A daily intention might be:

1. I am determined to get rid of three things today. (*Inspiration*)
2. I am capable of getting rid of things that I don't need. (*Affirmation*)
3. I am taking stuff to the Goodwill.  
(*Physical Action or Goal*)



A Crescent Phase and Aries sign might combine as, I *trust my instincts* that *I Am* making the right choices while decluttering my home.

# Keywords for Signs



The Moon exhibits different qualities as she moves through the signs. You can use these qualities to help you form your daily intentions. Some of the keywords are challenging. In those cases, we would be on alert to steer clear of those qualities when we encounter them. One of the keywords for Pisces is “unclear.” While the Moon is in Pisces, we might write a daily intention that begins “Gain clarity on \_\_\_\_\_.”

## Aries: I Am

Energetic  
Spontaneous  
Pushy  
Dominant  
Courageous  
Passionate

## Taurus: I Have

Determination  
Resourceful  
Self-indulgent  
Security-conscious  
Conservative  
Enduring

## Gemini: I Think

Adaptable  
Curious  
Communicative  
Chatty  
Flexible  
Nervous

## Cancer: I Feel

Emotional  
Moody  
Sensitive  
Domestic  
Imaginative  
Needy

## Leo: I Will

Dramatic  
Creative  
Proud  
Generous  
Jealous  
Independent

## Virgo: I Analyze

Attentive  
Reserved  
Unassuming  
Meticulous  
Critical  
Efficient

## Libra: I Balance

Cooperative  
Wants Approval  
Pleasant  
Seeks a partner  
Dependency  
Elegant

## Scorpio: I Desire

Intense Feelings  
Desire  
Secretive  
Control  
Penetrating  
Mysterious

## Sagittarius: I Seek

Outspoken  
Adventure  
Optimism  
Procrastination  
Prophecy  
Unrestrained  
Philosophical

## Capricorn: I Use

Ambition  
Reserved  
Practical  
Authority  
Calculating  
Reliable

## Aquarius: I Know

Unconventional  
Inventive  
Intuitive  
Friendly  
Trend-setting  
Rebellious

## Pisces: I Believe

Highly Sensitive  
Escapist  
Dreamtime  
Romantic  
Illusive  
Unclear  
Enchanting



# Where's the Light Appearing?

The house of your natal chart that the New Moon transits is where you are likely to see plenty of activity during the lunation period. Here are some possibilities for each house. Highlight the ones that you encounter throughout this lunation.



1	2	3	4	5	6
First impressions and first approach to situations, appearance, image, self-presentation, body	Money and ways of earning it, management, attitudes toward finance, things valued more than money	Communication, thinking and learning style, siblings and near relatives, neighbors, basic coursework in school, commuting	Home and home life, roots, family ties, heredity, family influence, the nurturing parent, senior years	Children, romance, creativity, self-expression, performing, leisure activities, gambling and other forms of risk taking	Work and its meaning, work habits, types of jobs, coworkers and employees, health and health habits
7	8	9	10	11	12
Partnerships (personal and business), close committed relationships, types of people we attract, sharing	Sexuality, taxes, healing, money you don't earn (inheritances, grants), death, transformation, partner's resources	Higher education, advanced studies, religion and philosophy of life, legal matters, foreign lands, distance travel	Career and long-term goals, how you are remembered, parental authority, bosses and the type of boss you are	Friendship, relationship to peer group, group memberships, networking, activism, social consciousness, aspirations	Things that are repressed or hidden, self-defeating behavior, chronic illness, hospitals, selfless service, retreats, spiritual quest

# Tools for the Libra Journey

Each sign is associated with **people, places, and things**. Here are just a few that you may encounter during this lunation period or that you may choose to use in your New Moon ritual. Highlight the ones that you encounter throughout this lunation.

People	Places	Things
Artists, interior decorators, hair stylists, lawyers, legal aides, fashion designers, florists, furriers, lovers, partners, guests, justice of the peace, judges, plastic surgeons, dermatologists, husbands, wives, the staff at spas, anyone you have a loving relationship with	Beauty salons and spas, nail salons, bedrooms, your boudoir, clothing stores, social gatherings of all kinds, dressing rooms, weddings, jewelry stores, confectioners, parlors, feminine places, flower shops, romantic getaways, honeymoon suites, art galleries	Art, fine art, balance scales, beauty, all colors, pastels, copper, jewelry, feminine lingerie (as opposed to erotic, that's Scorpio), marriage, hats, unions, truces, mediations, wigs, candlelight, sugar bowls, accessories of all kinds, love seats, roses, lilies, flowers in general, vanity tables

Activities	Body	Animals/Totems	Foods
Marriage, signing legal contracts, court appearances, partnering, creating works of art, deciding, choosing sides or team members, visiting a beauty salon, interior decorating, applying make-up, beauty treatments	Kidneys, veins, lower back	Doves, love birds, owls, animals that use their tails for balance: squirrel, kangaroo, cougar	Chocolate, cornish game hens, pheasant, rabbit, venison, asparagus, early peas, avocado, parsnips, coriander, sugar and other sweeteners, apples, berries, cherries, chocolate, figs, pears, mangoes, grapes, floral teas, chocolate teas

# Putting It All Together



Your New Moon Dreams and wishes or intentions can be guided toward fulfillment by using the house and sign of the lunation. Your New Moon Dreams can be about anything you want them to be. You're the dreamer.

1. Identify the *house* in your natal chart where the New Moon occurs and combine it with the keywords for this lunation's sign.
2. The lunation takes place in my (1<sup>st</sup>, 2<sup>nd</sup>...) \_\_\_\_\_ house. Some possibilities that might come up for me this month are: (refer to the prior page)
3. I can approach these people and situations in \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ (*keywords for the sign*) ways to help me reach my New Moon Dream.



# Design a New Moon Ritual



Your ritual can be as simple as burning a candle while you write down your dream. Or just sitting in your favorite spot to write it down.

Your ritual can be elaborate. The use of candles, essential oils, incense, crystals, tarot cards, runes, or pendulums could be your personal way of connecting to the energy of the New Moon. Saging your space beforehand clears the air of negativity and brings in positive vibes.



Rituals *ground and center* us.

Rituals are comforting habits. I have a habit of knocking three times on my deck of tarot cards before cutting them. It's comforting and centering. Make your New Moon ritual personal and, most importantly, believe.

Design your ritual before the New Moon. Gather your materials, center yourself, and begin.

# Ideas for Your New Moon Ritual

## Candles

Candles add magic to your ritual, no matter what time of day you choose to perform it. I love burning candles during the day. They add warmth and cheerfulness to my mantle.

Candles for Moon rituals can be white, black, or any color you have handy. I like using two candles ~ one light or white candle to represent the coming light and one dark or black candle to represent the womb of the New Moon. They can be large, small, tea lights, or battery powered.

Using the colors of the signs add a little more magic to your ritual. Adding some items around the base of the candle to represent the sign or season makes a pretty decoration that can last beyond your ritual and serve as a reminder of your New Moon dreams in the days or weeks to come.

## Dress the candles with your favorite essential oil.

Always use a diluted essential oil to dress your candles ~ only a drop or two in a tablespoon of carrier oil such as olive or sweet almond oil.

Add a few drops to your fingers and, starting at the middle of the candle, rub upwards toward the tip of the candle. Add some more oil to your fingers and again starting at the middle of the candle, rub downward toward the base of the candle. Hold your New Moon intentions strongly in your consciousness or say them aloud.

We rub the candle from middle to top to send our wishes out into the universe and from middle to bottom to focus them inward.

Engage all 5 senses to strengthen your 6th sense.

Libra's colors are blue, lavender, pink and pastels.

These are soothing to the eye and lighten moods. If you ever have to deliver bad news, wear light blue to soften the response to the news. Pink is soothing, too. Pink shirts can even make curmudgeons seem like teddy bears.

Carve the glyph for Libra on your candle to represent one or all of Libra's qualities or draw a heart to represent love.



Suggested essential oils to dress your candle:

Rose  
Palmarosa  
Rosewood  
Daffodil  
Germanium  
Neroli



# Ideas for Your New Moon Ritual

## Gems and Crystals

Opal is the birthstone for October Libras and sapphire for those born in September.

An amazing stone for Libra, and one that's much more affordable is Lapis Lazuli, the stone of wisdom. Any blue or lavender stone (amethyst) or those of a pastel color will also work for Libra, as those are her colors.

Blue lace agate and rose quartz are other fantastic choices. Rose quartz is a stone to use when you need an extra boost for yourself because it helps us accept and love ourselves. Use it when you are trying to like someone that you're not getting along with very well. It can help bring understanding.

Blue lace agate is another soothing stone for Libra. Follow its gentle patterns to bring calm and perspective to a troubling situation. Other stones for Libra are chrysophase to help heal a broken heart, lepidolite for honesty, garnet for commitment, and jade to help with loneliness.



## Flowers and Plants

Roses are the worldwide symbol of love and affection. The essential oil, which is one of the most expensive, is used as a perfume. Rose has healing qualities that make it a popular addition to skin creams and lotions.

It's very expensive to purchase Rose essential oil, but you can get a small bottle of rose absolute for a fraction of the cost.



*All Flowers are associated with Libra, but the rose is Libra's signature flower.*



# Ideas for Your New Moon Ritual

## Food and Drink

One word ~ chocolate.

If you didn't want to do anything else, you could still celebrate chocolate at the Libra New Moon.

A bar of your favorite chocolate, chocolate pie or cake, and even chocolate tea will satisfy that chocolate craving we all get from time to time...or daily. Order up a chocolate mocha from your favorite coffee shop or dress it up by pouring it over some ice in a champagne glass. Libra loves it all!

The supreme indulgence is a beautiful plate of chocolate covered strawberries or a chocolate fondue for apples and any other kind of berries.

I once had to visit my gynecologist for a problem I was having that would require serious treatment. I was upset, anxious, and worried.

He gave me my favorite prescription ever ~ chocolate. He said, "Stop off on your way home and get yourself some really delicious, very expensive chocolate. None of that cheap stuff. Get the best you can find. Enjoy it, let it work its magic."

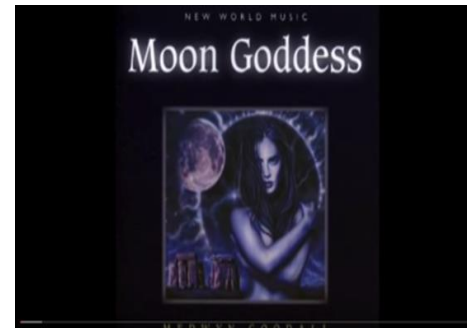
Now that's a gynecologist who knows his drugs.



## Music and Sound

I love playing instrumental music in the background when I'm doing my New Moon work. It helps me focus. I'm distracted by anything with lyrics, so it has to be instrumental.

Choose something inspirational for your New Moon music or listen to what evokes the mood you'd like to experience.



<https://www.youtube.com/watch?v=acsG5LlfgmA>



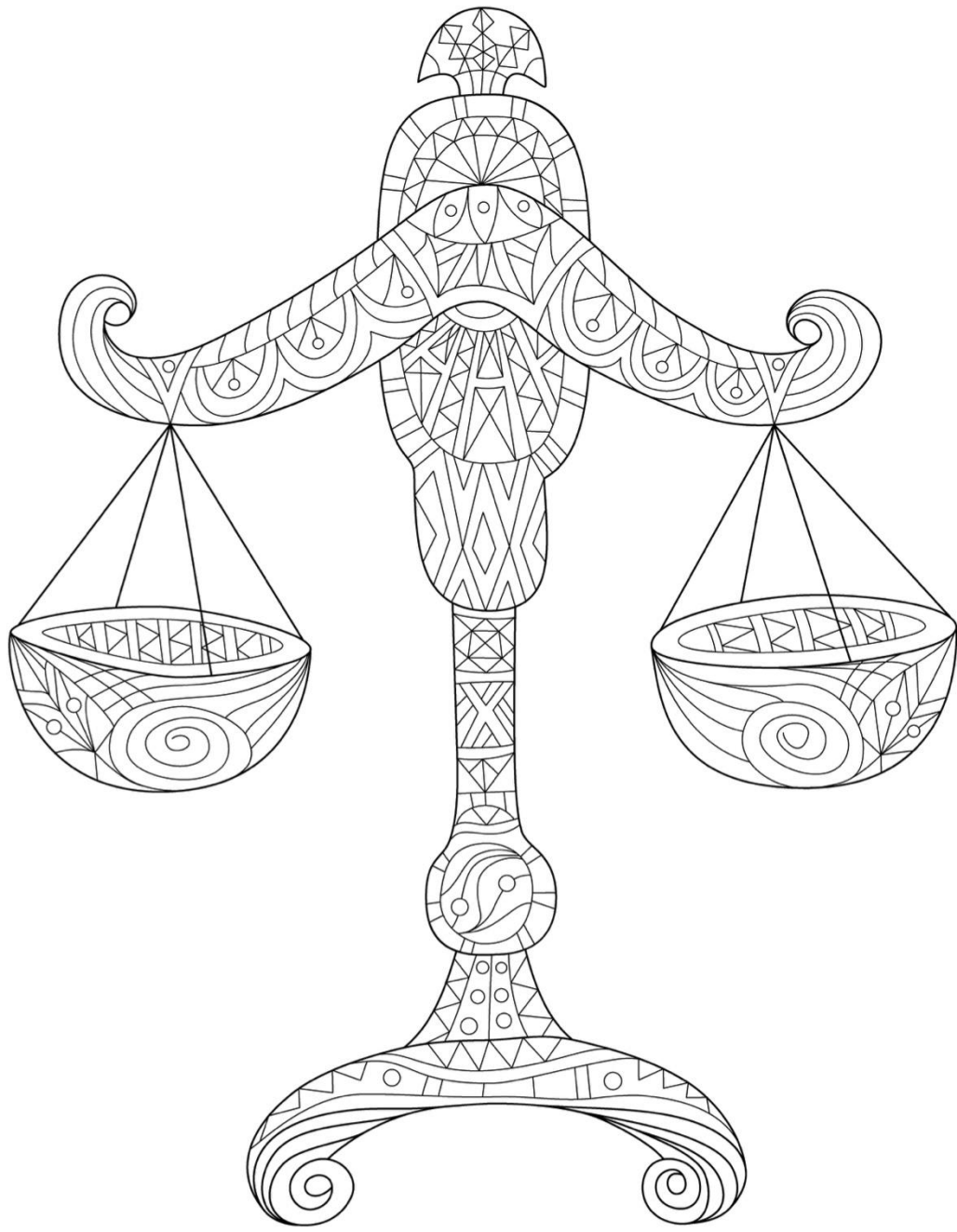


# My New Moon Ritual

Record the items you chose for your New Moon ritual.



Date and Time	
Candle Colors	
Crystals/Gems	
Incense/Oils	
Flowers/Herbs	
Food/Drink	
Music	
Other	



# New Moon Ceremony for Libra: The Promise



This ceremony for the New Moon of Libra is one I created several years ago and I wanted to do this one again this year, so I decided to share it with you. You can use any of the suggestions in the Ideas section or come up with your own for this exercise. It can also be done in addition to anything else you plan.

You will need a pair of something for this ceremony, though, as a symbol of your commitment. It could be two intertwined rings, hearts, branches or ceramic doves, a pair of candlestick holders, salt and pepper shakers ~ anything that you can put in an obvious place that will serve as a visual reminder of your promise. If you don't have anything, a picture or photo will serve just as well. I love the idea of using doves because they mate for life, a true commitment. I'm always sad when I see one alone. (I imagine the worst.)

This ceremony is The Promise, an exercise in commitment. Even though Libra is the sign of committed partnerships, Libra can have difficulty with commitment. It can be easier to walk the middle line than to give everything to one person or effort. We've all made promises and kept them. In all likelihood, we've all broken some promises, too ~ intentionally or simply because they were forgotten. Commitment is the keeping of those promises.

Before you begin, get all of your candles, flowers, and anything else together. You might want to smudge your area with sage. Think of a promise that you are **able** and **willing** to make. It should be meaningful and hold tremendous value to you. It can be to a person, a movement, an organization, an ideal, or a personal promise to yourself. Do be sure to put a great deal of thought into your promise before committing to it. Examine it from all angles as it is a sacred vow. This is a promise that will never be forgotten or broken. This is a commitment that will stand the test of time ~ unbroken, even with our dying breath.

Are you committing or recommitting yourself to a relationship that has already been through trial by fire? Are you committing out of love or duty? Are you willing to keep that promise *no matter what*?

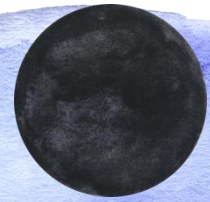
Write your promise on this page and repeat it out loud three times and three times on each day of the New Moon Phase. If you decide to do this exercise, rewrite your promise on the page for the New Moon Phase as a reminder.

I promise \_\_\_\_\_  
\_\_\_\_\_.



# New Moon

Choose Your Path.  
Plant Your Seed.



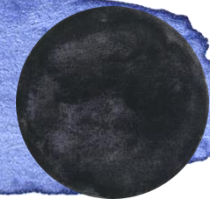
My Libra New Moon Dream

Torn between several goals? Which is most urgent? Which fits the zodiac sign best? Which pulls at your heart?



# New Moon Phase

Choose Your Path.  
Plant Your Seed.



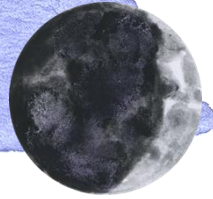
The Moon Sign and Phase can change at any time during the day. Choose to work with one or both on those days.

Date	Moon Sign am	Moon Sign pm	Daily Intention

This beginning phase is crucial for realizing your **dream**. We usually give up on new projects or activities in 3 days, 3 weeks, or 3 months. Make it through the New Phase and you're headed for success.

# Crescent Moon

Trust Your Instincts.



Date	Moon Sign am	Moon Sign pm	Daily Intention

At the Crescent Moon, we may struggle as we learn to trust our instincts. The Moon is our inner voice. Listen to what she's telling you.



# 1<sup>st</sup> Quarter Check-In

What I Accomplished	Something that Made Me Happy
People, Places or Things that had Importance	What I Learned

# First Quarter Moo

Adapt your plan.

Take action.



Date	Moon Sign am	Moon Sign pm	Daily Intention

The First Quarter Phase is the time to adapt your original vision for this lunation if it's necessary. This is the time to get busy. Feel the energy growing. Use the keyword for the signs if you need inspiration on forming your daily intention.

# Gibbous Moon

Study.  
Make preparations.



Date	Moon Sign am	Moon Sign pm	Daily Intention

The Gibbous is the last phase before the Full Moon when everything will be illuminated. Look closely at your goal, study up on the parts that are still shaky, and make your final preparations before results are illuminated at the Full Moon.





# 2<sup>nd</sup> Quarter Check-In

What I Accomplished	Something that Made Me Happy
People, Places or Things that had Importance	What I Learned

# My Full Moon Ritual

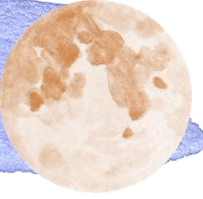


Record the items you chose for your Full Moon ritual.

Date and Time	
Candle Colors	
Crystals/Gems	
Incense/Oils	
Flowers/Herbs	
Food/Drink	
Music	
Other	

# Full Moon

Illumination.  
On display.

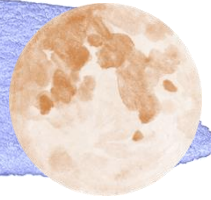


What is Illuminated at the Full Moon

Without judging whether you have succeeded or failed, what do you see clearly at this point of the lunation?

# Full Moon Phase

Illumination.  
On display.



Date	Moon Sign am	Moon Sign pm	Daily Intention

The Full Moon, like the New Moon, is a day of rest. Just be with your New Moon Dream. Sit with it. Enjoy the progress you've made. Delight in the light.

We have entered the Moon's waning phase. Prepare to release and let go of what no longer serves.

# Disseminating Moon

Share with others.

Demonstrate.



Date	Moon Sign am	Moon Sign pm	Daily Intention

Disseminate means to scatter or spread widely, as though you are sowing seeds. These seeds are the result of your original New Moon intention. You chose your path, planted the seed, tended and cared for your goal. Now it's time to share the knowledge you gained with others.



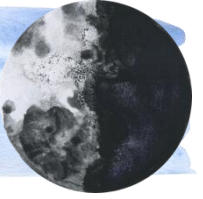


# 3<sup>rd</sup> Quarter Check-In

What I Accomplished	Something that Made Me Happy
People, Places or Things that had Importance	What I Learned

# Last Quarter Moon

Reaffirm your vision.  
Reclaim your intention.



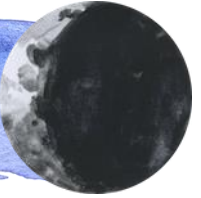
Date	Moon Sign am	Moon Sign pm	Daily Intention

The Last (Third) Quarter Moon has been called the crisis of consciousness. In this waning phase it may be difficult to let go of some fast-held beliefs, especially if they have been a part of life for a long time. Letting go allows us to make room for abundance.

Believe. Have faith. Release.

# Balsamic Moon

Release. Let go.  
Dream.



Date	Moon Sign am	Moon Sign pm	Daily Intention

The Balsamic phase marks the close of the lunation cycle. Now it's time to *let it all go*. Let go of attachment to how things turned out. Let go of any negative self-criticism of your efforts. The Moon doesn't judge. She just changes.

# Looking back at this Lunation



What Fulfilled Me the Most	My Happiest Moment
What I Know Now that I Didn't Know at the New Moon	Where I Want to Go from Here

# The Old Moon Time to Dream



A couple of nights before the New Moon, when the Moon is barely visible at all, the Old Moon can be seen in the night sky. The Old Moon is not a phase of its own, but the very last part of the Balsamic phase.

Imagine watching a candle flicker and fade. That last twinkle of light is like the Old Moon. It has given us all the light that it can. To dispel the darkness, we light a new candle. In the same way, the heavens give us a New Moon and the cycle begins again.

There is no better time for meditating on your New Moon wishes and intentions than during the Old Moon. This is the time for dreaming.

Quiet yourself.

See your New Moon dream appearing before you. Believe that it will soon change from a dream to a reality. Bring your dream back into your consciousness as often as possible. Fine-tune how you will write your dream on the day of the New Moon.

On the last day of the Old Moon, keep Pisces' motto in your heart.

*"Believe," and dream your new dream.*





Find lots of tools to help you with your daily intentions on [www.auntiemoon.com](http://www.auntiemoon.com). Click New Moon Tools on the top menu for articles about the different signs, phases, and ways we can engage everyday tools to connect and reaffirm our New Moon Dreams.

For more ways to stay in tune with the Moon, visit my Facebook page: [www.facebook.com/auntiemoonastrology](https://www.facebook.com/auntiemoonastrology).



Moon Phases and New Moon Intentions

A brief journey through the phases

<https://www.youtube.com/watch?v=TgHeRfTuM1s>

## Acknowledgements and References

*Moon Signs* by Donna Cunningham is the book that set me on my journey to get in tune with the Moon. A must have for Moon Lovers.

To learn more about the connections between the planets and signs and people, places, and things, I recommend *The Rulership Book* by Rex E. Bills.

I also highly recommend Bil Tierney's *All Around the Zodiac* as a guidebook for understanding the interplay of all the signs.

Images from Rider Waite Tarot from The Art of Tarot Cards, Dover Electronic Clipart.